

HOLY ROSARY SCHOOL COMFORT KITS

The Safety Committee for Holy Rosary Parish and School has identified the needs of our school in the event of an emergency. Their task is to prepare a plan for the safety and security of the students and staff during an earthquake or other natural disaster. The committee felt it was necessary to have each family prepare a **COMFORT KIT** for each of their children. This kit is intended to provide physical and emotional comfort to your child for up to 72 hours. **All items must fit into a 2-gallon (extra large) CLOSED zip lock bag, or two 1-gallon bags.**

The food items are suggestions; you may choose what your child likes, but keep in mind that under stressful conditions our bodies require extra amounts of protein and sugar. Some salt is important, however, too much will cause excessive thirst when water may be limited. A short letter of comfort should explain that you are unable to get to school right now because of the existing emergency. Reassure your child that you will be there as soon as you can. Remind them that the teachers and staff will stay with them for as long as necessary.

Your child's comfort kit will be sent home at the end of the school year. Each Fall, replace the perishable foods and batteries, and return the kit to school.

COMFORT KIT MASTER LIST

These items **MUST** be in your child's kit:

Comfort letter & family photo	Stocking cap
Small flashlight w/ batteries	Mittens/gloves
Large plastic garbage bag	Pair of socks
Sealed bottle of water	Space blanket

****3-day supply of necessary prescription medications with directions for use****

Suggestions for Food Items:

2 small (pull tab) cans of juice	Box of raisins	Cheese & crackers
Peanut butter & crackers	Beef jerky	Lightly salted nuts
Fruit cup (pull tab)	Granola bar	Pudding (pull tab)
Vienna sausages (pull tab)	Hard candy/gum	Fruit snacks

It is **VERY IMPORTANT THAT EVERY CHILD** have one of these kits at school. These kits should be labeled with your child's name using a permanent marker. We hope that there will never be the need to use these kits, but we must be prepared. Thank you for your help.

BACKUP LUNCH

Additionally, a backup lunch with non-perishable items should be sent to school. This will stay in your child's cubby and used if/when a lunch is forgotten at home.

Bring Comfort Kits and Backup lunch on the first day of school.